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Our pick of perfect picnics

Put an end to picnic envy* with our suggestions for London's finest al fresco feasting.



Green Park or St James's Park: Fortnum & Mason

With prices starting at £85, a [hamper from Fortnum's](#) - the quintessential London food store - is the ultimate indulgence, and perfect for a romantic occasion.



Hyde Park: Harrods

Even if you're no gastronome, a trip to Harrods' beautifully decorated food halls is an experience not to be missed. There are hundreds of types of bread and cheese alone on sale here, so allow plenty of time to assemble your perfect picnic.



Kensington Gardens: Whole Foods Market

The recently opened Whole Foods Market has gone down a storm in London - and with such an [incredible selection](#) of produce to choose from, we're not surprised.



Regent's Park: Villandry

Take your pick from the tempting deli counters at this gourmet grocer, or order a [Villandry hamper](#).

Everywhere:

Marks and Spencer, with branches all over London, offers a fabulous range of sandwiches, salads and more creative picnic options. [Deliverance](#) will deliver your choice of delicious picnics direct to your door, packed in a sturdy cardboard 'hamper' complete with biodegradable cutlery.

**Picnic envy (noun): Discontent with one's own picnic induced by proximity to one that is perceived as being superior, thereby engendering feelings of longing and resentment. Sufferers complain of lack of appetite and a bitter taste in the mouth. Usually triggered by the sound of a champagne cork popping and/or the sight of smoked salmon.*

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